

April 16 - April 19, 2015 Tokyo, Japan

LADIES

Elizaveta TUKTAMYSHEVA
RUS

Date of birth: **17.12.1996**
Place of birth: **Glazov**
Height: **157 cm**
Home town: **St. Petersburg**
Profession: **student**
Hobbies: **singing, watching TV, surfing the web**
Start sk. / Club: **1990 / Olympic School St. Petersburg**
Internet / Social Media contact: **http://www.fskate.ru/skaters/75.html, http://vk.com/id38537529**

Coach: **Alexei Mishin**
Choreographer: **Tatiana Prokofieva**
Former Coach: **Svetlana Veretennikova**
Practice low season: h / week at **Pinzolo/ITA, Erzurum/TUR, St. Petersburg**
Practice high season: h / week at **St. Petersburg**

Music Short Program / Short Dance as of season 2014/2015

Bolero by Maurice Ravel

Music Free Skating / Free Dance as of season 2014/2015

Batwannis Beek by The REG Project

Sandstorm by La Bionda

Personal Best Total Score	210.40	31.01.2015	ISU European Championships 2015
Personal Best Score Short Program	77.62	26.03.2015	ISU World Championships 2015
Personal Best Score Free Skating	141.38	31.01.2015	ISU European Championships 2015

	07/08	08/09	09/10	10/11	11/12	12/13	13/14	14/15
Olympic Games								
World Champ.						10.		1.
European Champ.						3.		1.
Four Continents								
World Juniors				2.				
National Champ.	10.S	2.S	3.S	1.J	6.S	1.S	10.S	2.S

S=Senior; J=Junior; N=Novice

International Competition	Year	Place	International Competition	Year	Place
Golden Spin 2013 Zagreb	2013	3.	ISU GP Hilton HHonors Skate America 2014 Chicago, II	2014	2.
Nebelhorn Trophy 2014 Oberstdorf	2014	1.	ISU GP Lexus Cup of China 2014 Shanghai	2014	1.
Finlandia Trophy 2014 Espoo	2014	1.	Warsaw Cup 2014 Warsaw	2014	1.
Cup of Nice 2014 Nice	2014	1.	ISU Grand Prix Final 2014/15 Barcelona	2014	1.

Tuktamysheva is the first Russian lady to win the World title in ten years. Irina Slutskaya had won in 2005. She started skating at age four and a half because she befriended other girls that were figure skaters. Since 2007, she split her training time between Glazov and St. Petersburg. She moved to St. Petersburg to train there full-time in August 2011. Tuktamysheva has landed the triple Axels in competition. She broke her foot in March 2014 and was off the ice for three months.

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