



# JSF CHAMPIONSHIPS 2025

## FIGURE SKATING

第94回全日本フィギュアスケート選手権大会

2025/12/9

| 12月18日(木) |         | 12月19日(金)     |    |         | 12月20日(土)    |         | 12月21日(日)      |         |
|-----------|---------|---------------|----|---------|--------------|---------|----------------|---------|
| MR        | Off-Ice | MR            | PR | Off-Ice | MR           | Off-Ice | MR             | Off-Ice |
| 06:00     |         | M 06:00       |    |         | JrDR 6:00    |         |                | 06:00   |
| 06:30     |         | S 30' * 06:30 |    |         | 30' * 06:30  |         |                | 06:30   |
| 07:00     |         |               |    |         | SrDR 6:30    |         |                | 07:00   |
| 07:30     |         |               |    |         | 30' * 7:00   |         |                | 07:30   |
| 08:00     |         |               |    |         | PS 7:00      |         |                | 08:00   |
| 08:30     |         |               |    |         | 30' * 7:45   |         |                | 08:30   |
| 09:00     |         |               |    |         | MPR 7:45     |         |                | 09:00   |
| 09:30     |         |               |    |         | F 35' * 8:20 |         | JrDF 8:30      | 09:30   |
| 10:00     |         |               |    |         |              |         | 30' * 9:00     | 10:00   |
| 10:30     |         |               |    |         |              |         | SrDT 9:00      | 10:30   |
| 11:00     |         |               |    |         |              |         | 30' * 9:30     | 11:00   |
| 11:30     |         |               |    |         |              |         | PF 30' * 10:15 | 11:30   |
| 12:00     |         |               |    |         |              |         | W 10:50        | 12:00   |
| 12:30     |         |               |    |         |              |         | F 35' * 11:40  | 12:30   |
| 13:00     |         |               |    |         |              |         |                | 13:00   |
| 13:30     |         |               |    |         |              |         |                | 13:30   |
| 14:00     |         |               |    |         |              |         |                | 14:00   |
| 14:30     |         |               |    |         |              |         |                | 14:30   |
| 15:00     |         |               |    |         |              |         |                | 15:00   |
| 15:30     |         |               |    |         |              |         |                | 15:30   |
| 16:00     |         |               |    |         |              |         |                | 16:00   |
| 16:30     |         |               |    |         |              |         |                | 16:30   |
| 17:00     |         |               |    |         |              |         |                | 17:00   |
| 17:30     |         |               |    |         |              |         |                | 17:30   |
| 18:00     |         |               |    |         |              |         |                | 18:00   |
| 18:30     |         |               |    |         |              |         |                | 18:30   |
| 19:00     |         |               |    |         |              |         |                | 19:00   |
| 19:30     |         |               |    |         |              |         |                | 19:30   |
| 20:00     |         |               |    |         |              |         |                | 20:00   |
| 20:30     |         |               |    |         |              |         |                | 20:30   |
| 21:00     |         |               |    |         |              |         |                | 21:00   |
| 21:30     |         |               |    |         |              |         |                | 21:30   |
| 22:00     |         |               |    |         |              |         |                | 22:00   |
| 22:30     |         |               |    |         |              |         |                | 22:30   |
| 23:00     |         |               |    |         |              |         |                | 23:00   |

MR Main Rink  
PR Practice Rink  
S Short Program  
R Rhythm Dance  
F Free Skating/Dance

JM Judge Meeting  
TPM Technical Panel Meeting  
TPR Technical Panel Review  
RTD Round Table Discussion  
OCM OC Meeting

VC  
\*  
VC

Victory Ceremony  
Ice Resurfacing  
Group Change  
Starting Order