



JSF CHAMPIONSHIPS 2024

FIGURE SKATING

第93回全日本フィギュアスケート選手権大会

2024/11/21

| | 12月19日(木) | | 12月20日(金) | | | 12月21日(土) | | 12月22日(日) | | |
|-------|---------------|---------|---------------|----|---------|---------------|---------|---------------|---------|-------|
| | MR | Off-Ice | MR | PR | Off-Ice | MR | Off-Ice | MR | Off-Ice | |
| 06:00 | | | M 06:00 | | | | | | | 06:00 |
| 06:30 | | | S 30' * 06:30 | | | DR 6:30 30' * | | | | 06:30 |
| 07:00 | | | | | | PS 7:00 30' * | | | | 07:00 |
| 07:30 | | | | | | | | | | 07:30 |
| 08:00 | | | | | | M 7:45 | | DF 7:45 30' * | | 08:00 |
| 08:30 | | | | | | F 35' * 8:20 | | PF 8:15 30' * | | 08:30 |
| 09:00 | | | W 09:00 | | | | | W 9:00 | | 09:00 |
| 09:30 | | | S 30' * 09:45 | | | | | F 35' * 9:35 | | 09:30 |
| 10:00 | | | | | | | | | | 10:00 |
| 10:30 | | | | | | | | | | 10:30 |
| 11:00 | | | | | | W 10:35 | | | | 11:00 |
| 11:30 | | | | | | F 35' * 11:10 | | | | 11:30 |
| 12:00 | D 11:30 | | | | | | | | | 12:00 |
| 12:30 | R/F 30' | | | | | | | | | 12:30 |
| 13:00 | PS 12:00 | | | | | | | | | 13:00 |
| 13:30 | S/F 30' | | | | | | | | | 13:30 |
| 14:00 | M 12:45 | | | | | | | | | 14:00 |
| 14:30 | S/F 30' 13:15 | | | | | | | | | 14:30 |
| 15:00 | | | | | | | | | | 15:00 |
| 15:30 | W 15:15 | | | | | | | | | 15:30 |
| 16:00 | S/F 30' 15:45 | | | | | | | | | 16:00 |
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| 23:00 | | | | | | | | | | 23:00 |

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| MR Main Rink | JM Judge Meeting | VC Victory Ceremony |
| PR Practice Rink | TPM Technical Panel Meeting | Ice Resurfacing |
| S Short Program | TPR Technical Panel Review | Group Change |
| R Rhythm Dance | RTD Round Table Discussion | * Starting Order |
| F Free Skating/Dance | OCM OC Meeting | STO Starting Order |