

2018/2019 Japan Cup Speed Skating Competition, Nagano

Time Schedule : Schedule with all Reserve

Category	Division	Distance	Number of skaters	Series x time	Time		Planning		Reality	
				n x min.	compet.	iceprepar.	start	end	start	end
Day 3										
Sun. October, 21, 2018				as of Oct. 20, 2018						
Ice Training					45	15	7:50	8:35		
Ice Training					45		8:50	9:35		
Ice Preparation, All						25	9:35	10:00		
Ladies	QS	1500m	38	5 q x 3.40	18		10:00	10:18		
Ice Preparation						18				
Ladies	QS	1500m		5 q x 3.35	17		10:36	10:53		
Ice Preparation, All		Prize giving - 1500m Ladies				22				
Men	QS	1500m	50	7 q x 3.25	23		11:15	11:38		
Ice Preparation						18				
Men	QS	1500m		6 q x 3.25	20		11:56	12:16		
Ice Preparation, All		Prize giving - 1500m Men				22				
Ladies	QS	5000m	6	2 q x 8.45	17		12:38	12:55		
Ice Preparation		Prize giving - 5000m Ladies				18				
Men	QS	10000m	11	2 q x 15.30	31		13:13	13:44		
						18				
Men	QS	10000m		1 q x 15.30	15		14:02	14:17		
		Prize giving - 10000m Men								