

The 40th All Japan Junior Speed Skating Championships

Time Schedule : Schedule with all Reserve

Category	Distance	Number of skaters	Series x time	Time		Planning	
			n x min.	compet.	iceprepar.	start	end
Day 3 Sun. January, 15, 2017						as of Jan. 14, 2017	
Warm up			1	40		8:00	8:40
					15		
Warm up			1	40		8:55	9:35
Ice Preparation, All					20		
					5		
Ladies	TPR	5	3 p	18		10:00	10:18
Ice Preparation					15		
Men	TPR	10	5 p	30		10:33	11:03
Warm up for TSR			1	10		11:03	11:13
Ice Preparation, All	Prize giving -TPR				20		
Ladies	TSR	3	2 p	8		11:33	11:41
					5		
Men	TSR	8	4 p	16		11:46	12:02
Warm up for MSR			1	10		12:02	12:12
Ice Preparation, All	Prize giving -TSR				20		
Ladies	MSR	21	1 h	10		12:32	12:42
					5		
Men	MSR	21	1 h	10		12:47	12:57
	Prize giving - MSR						
Training				60		13:30	14:30