## ENTRY FORM

## Regional qualifying event for the Essent ISU World Allround Speed Skating Championships 2014

FINAL ENTRIES for qualifying event for Asia in Tomakomai, January 11-12, 2014
from ISU Member
Competitors must have achieved the following qualifying times (See Rule 208, paragraph 3)

| Ladies: | $4.24,00$ on 3000 meters | Men:6.48,00 on 5000 meters <br> or |
| :--- | :--- | :--- |
| Ladies: | $4.28,00$ on $\mathbf{3 0 0 0}$ meters | Men:6.52,00 on 5000 meters (for results achieved outside Calgary or Salt Lake City) |

The qualifying time must have been skated at ISU or National Championships, ISU World Cup Competitions or International Competitions during the seasons 2012/13 or 2013/14 (see ISU Communication No. 1810).

## Names of competitors, Ladies: Qualifying time, venue and date:

1. 
2. 
3. 
4. 
5. 

Substitute:
Names of competitors, Men:
Qualifying time, venue and date:
1.
2.
3.
4.
5.

Substitute:
Name of team leader:
Signature of ISU Member:
NOTE: This entry form must be received by the organizing committee at the latest by 12.00 h (noon) local time on January 8, 2014 (See Rule 115, paragraph 6 and Rule 208, paragraph 9).

